

******* Stories *******

by Jim Force

***We are the stories we tell
The stories we tell
are who we become
We are always in the middle
of multiple stories***

***Stories are enabling constraints
Stories give us permission to become
and limit where we can go***

***We co-evolve with our stories
We, our identities,
are inseparable from our stories
We co-create our stories with others
Stories are the basis of action***

*"The truth about stories is that that's all we are.
You can't understand the world without telling a story."
- Thomas King*